

# Plouha / Paimpol

## La Vélomaritime / EuroVelo 4



This stage of the Tour de Manche is very scenic, taking you along the cliff route above Bréhec Cove, affording some wonderful sea views. Near the end, admire magnificent Beauport Abbey before arriving at the port of Paimpol, with its historic shipowners' houses and charming lanes. The route is relatively flat, for intermediate-level cyclists.

### The Route

Along quiet country lanes, plus a single but beautiful section of greenway around Beauport Abbey.

Be aware: at a certain point on the section around Beauport, cyclists are required to dismount.

### SNCF

**Paimpol train station (TER):** Guingamp/Paimpol line

Historic steam train, [La Vapeur du Trieux](#), from Paimpol to Pontrieux

**Départ**  
Plouha

**Arrivée**  
Paimpol

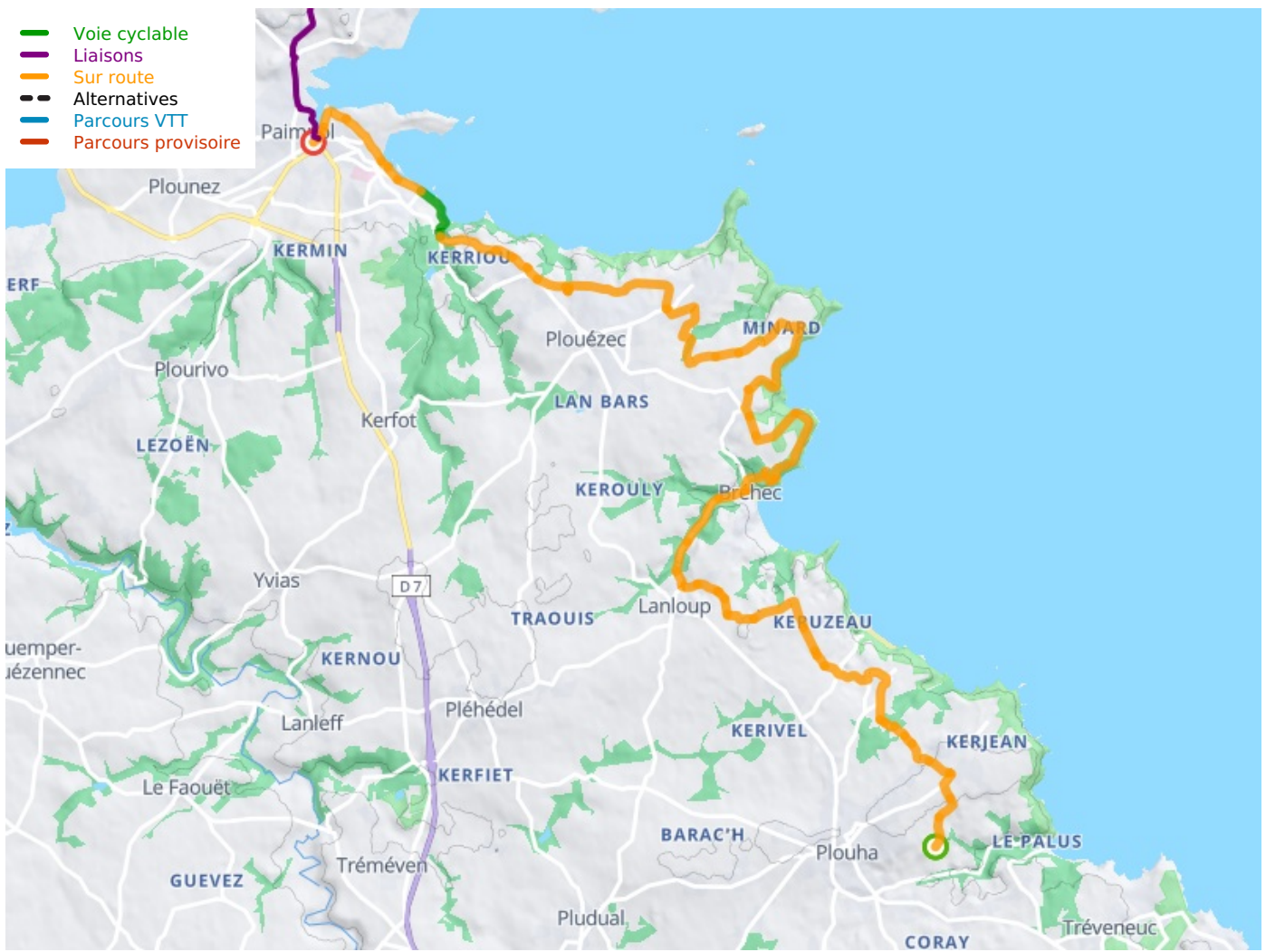
**Durée**  
1 h 51 min

**Distance**  
27,88 Km

**Niveau**  
I cycle often

**Thématique**  
Nature and Heritage,  
Panorama, Patrimoine

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Plouha**



**Arrivée  
Paimpol**

