

# Morlaix / Plougasnou

La Vélo maritime / EuroVelo 4



On leaving the historic town of Morlaix, the Vélo maritime heads off in the direction of Plougasnou. At Le Dourduff-en-Mer, why not taste some fine local oysters before continuing along the coast? You head up the side of the Bay of Morlaix. At each turn, a new rocky headland comes into view, or then another of the islands that form part of the ornithological reserve here. Further on, you'll spot the Château du Taureau and Louët Island.

## The route

Mainly along minor roads that stick very close to the coast. Leaving Primel-Trégastel, there's a stretch involving a gradient of over 10%. Some of the coastal sections are along a county road (the D76 between Le Dourduff and Plougasnou and on the edge of St-Jean-Du-Doigt)."

## SNCF

- **Train + bike** : Morlaix station (TGV, TER): Paris/Rennes/Saint-Brieuc/Morlaix/Brest line
- **Bus + bike** : In July and August, [the BreizhGo n°29 Roscoff-Morlaix line](#) allows bikes to be taken on board at certain times from certain stops. [Timetable](#)

**Départ**  
Morlaix

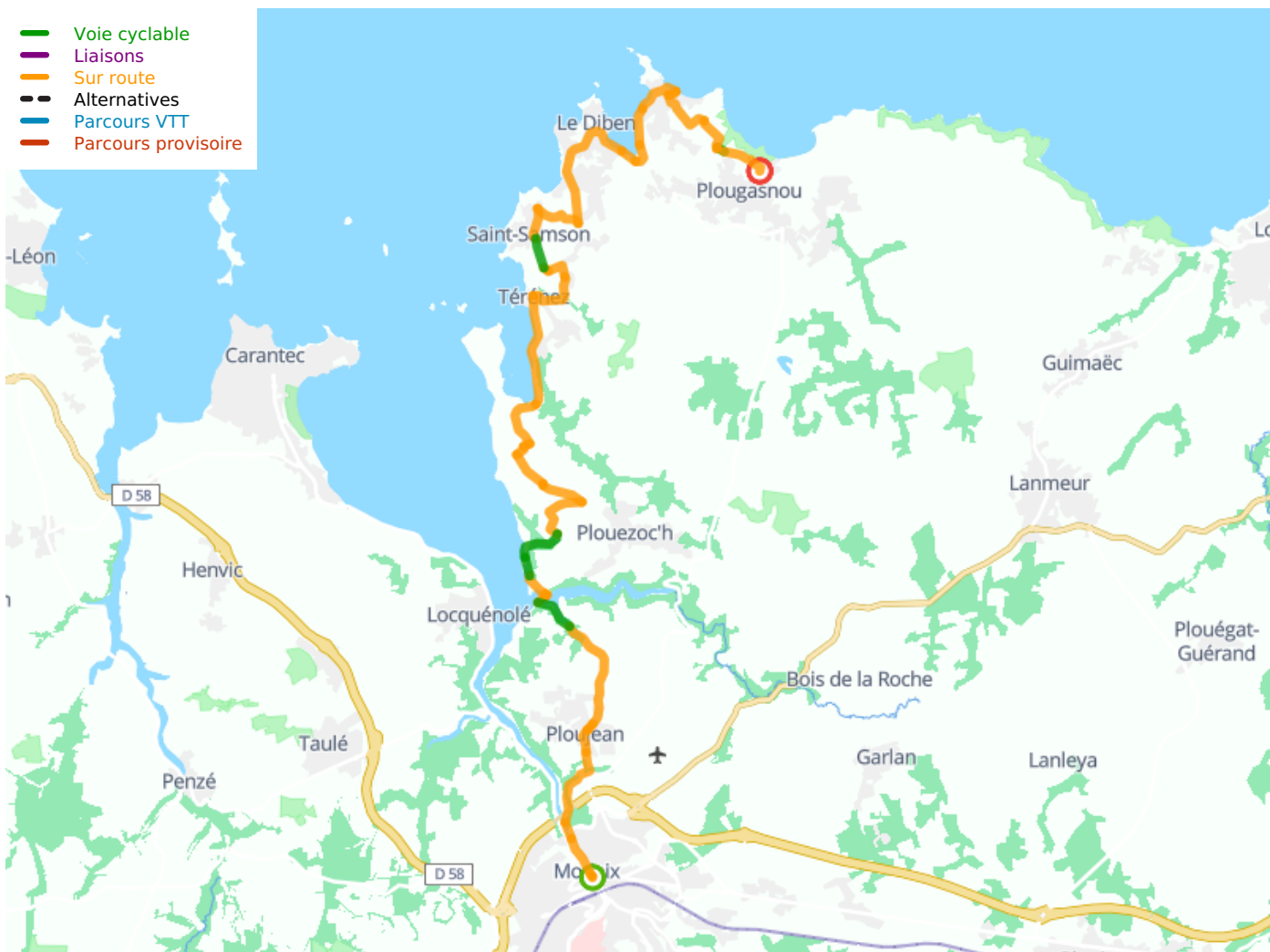
**Arrivée**  
Plougasnou

**Durée**  
1 h 47 min

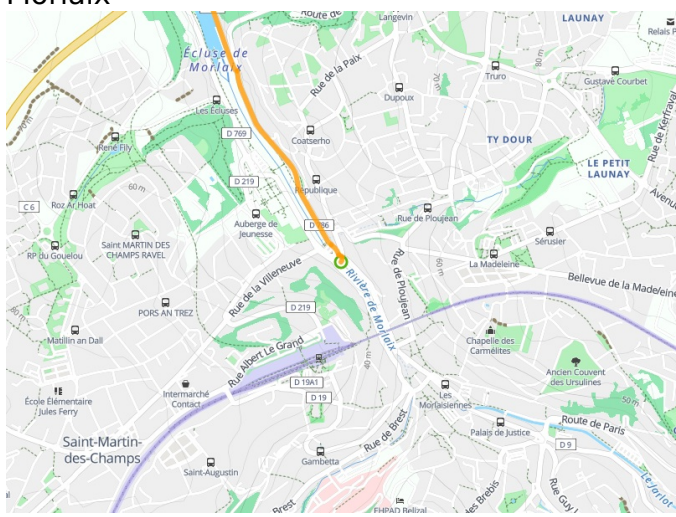
**Distance**  
26,27 Km

**Niveau**  
I cycle often

**Thématique**  
Nature and Heritage,  
Patrimoine, Beaches,  
Highlight



**Départ  
Morlaix**



**Arrivée  
Plougasnou**

