

# Matignon / Pleslin-Trigavou

La Vélo maritime / EuroVelo 4



**Départ**  
Matignon

**Arrivée**  
Pleslin-Trigavou

**Durée**  
1 h 40 min

**Distance**  
25,19 Km

**Niveau**  
I cycle often

**Thématique**  
Nature and Heritage,  
Patrimoine

Should you have time on your hands, head up first to the seaside resort of Saint-Cast-le-Guildo to make the most of its beaches. The Vélo maritime route then takes you on smoothly via minor roads to Pleslin-Trigavou, which you reach riding along a stretch of the Dinan-Dinard greenway. On the way, stop at the Château du Guildo, enjoying exceptional views of the Arguenon Estuary.

## The route

Mainly on minor roads, with a stretch at the end of the stage along a greenway, from Trémereuc to Pleslin-Trigavou. To avoid crossing the Rance Dam, that way proving too dangerous for cyclists, the route leads you along the Rance Valley.

**Take care** crossing the Arguenon River via the Pont René Pléven bridge along the RD786 road.

## Links

From the village of Matignon, a 3km link allows you to reach the seaside resort of Saint-Cast-le-Guildo. Leaving Trémereuc, there's a 9km link via a former railway line taking you to Dinard.

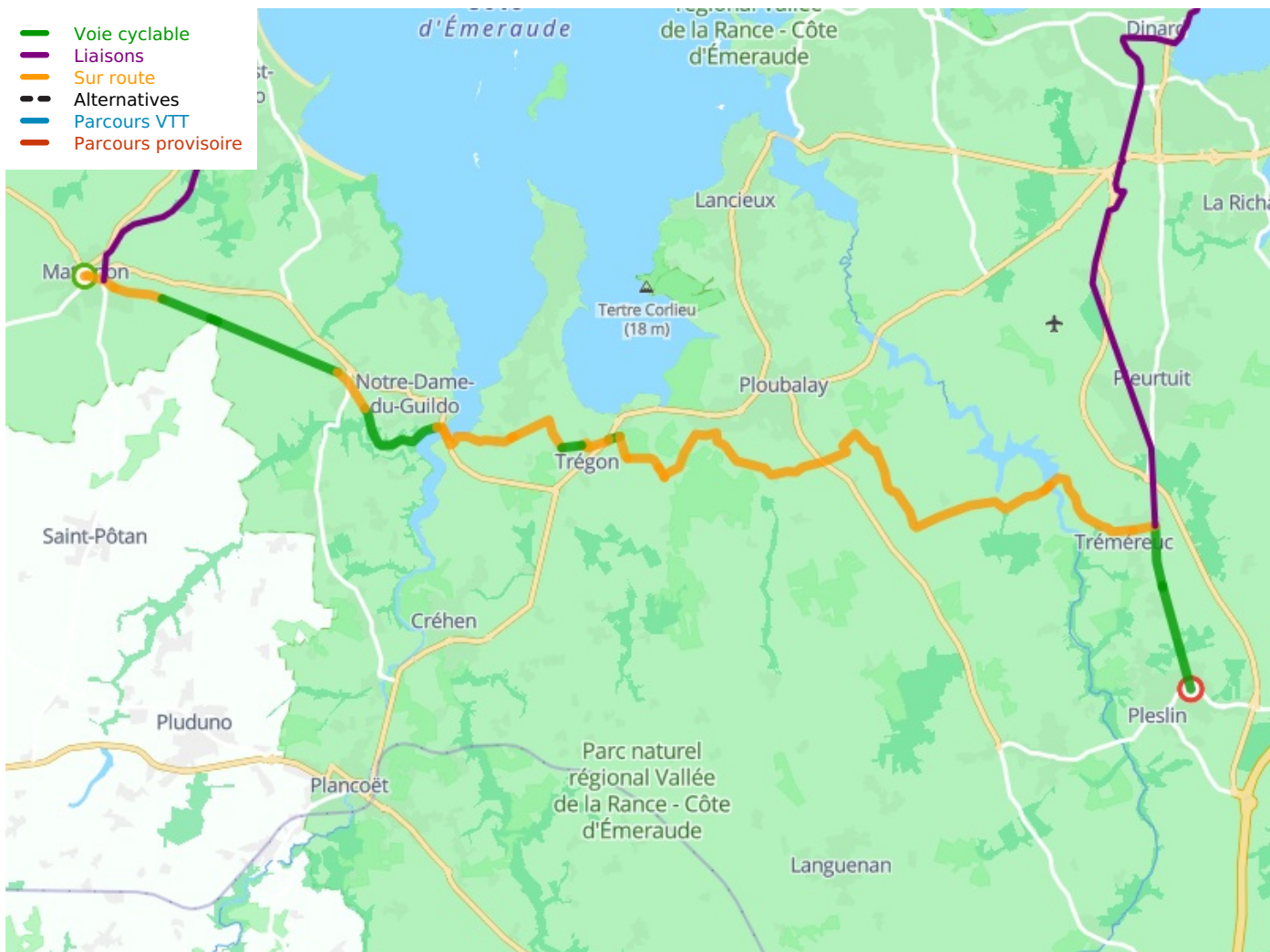
## Alternative routes for Saint-Malo

If you want to get to Dinard from Saint-Malo, it's best to avoid going over the dam across the river Rance. Enjoy crossing on a "sea bus" instead, with one of the two companies offering this service:

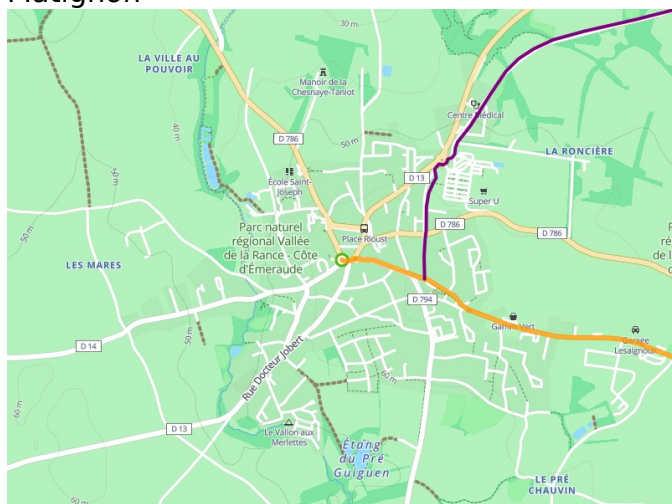
- Compagnie Corsaire, from April to October (get off at the Cale de la Vallée stop at Dinard if you want to avoid the steps at the Clair de Lune stop. For more information: [compagniecorsaire.com](http://compagniecorsaire.com) - Tel.: +33 (0)825 138 100 (€0.15/min.): €9.20 one-way per adult with a bike, from 1 July to 31 August.
- Les Bateaux Rouges (Compagnie Maritime Dinardaise). For more information: <https://bateauxrouges.com/saint-malo-dinard/>

## SNCF

- Nearby station Saint-Malo station: TGV and TER to Rennes, Paris, TER to Dol-de-Bretagne



## Départ Matignon



## Arrivée Pleslin-Trigavou

